

**HIRE US!**

**FACILITIES  
FOR HIRE**

**EMPOWER**

**MANCHESTER • SALFORD**

**THE HOME OF:**

**HIDE  
OUT**

An **OnSide** Youth Zone



An **OnSide** Youth Zone



# WELCOME TO EMPOWER

Empower Youth Zones is the charity which oversees the operations of both **HideOut Youth Zone** and the new **Salford Youth Zone (SYZ)** and is the largest single investment in Children and Young People across Manchester and Salford.

We provide a safe and inclusive space for thousands of Children and Young people to explore and enjoy a range of activities, as well as access essential mental health support and advice.

We are open whenever schools are closed, giving children and young people somewhere safe to go, something positive to do, and someone trusted to talk to. They can take part in over 20 different activities per session, as well as access specialist mentoring, employability support, and coaching programmes. EMPOWER's state-of-the-art buildings offer outstanding facilities, including a 3G pitch, climbing wall, gym, sports hall and recreation area, dance studio, arts room, health & wellbeing room, and music and media suites.

# OUR VENUES

## HIDEOUT

**1 QUEENS AVE,  
MANCHESTER,  
M12 5PX**



[WWW.HIDEOUTYOUTHZONE.ORG](http://WWW.HIDEOUTYOUTHZONE.ORG)



[ENQUIRIES@EMPOWERYOUTHZONES.ORG](mailto:ENQUIRIES@EMPOWERYOUTHZONES.ORG)



**0161 511 3777**



## SYZ

**51 BELVEDERE  
RD,  
SALFORD,  
M6 5EJ**



[WWW.SALFORDYOUTHZONE.ORG](http://WWW.SALFORDYOUTHZONE.ORG)



[ENQUIRIES@EMPOWERYOUTHZONES.ORG](mailto:ENQUIRIES@EMPOWERYOUTHZONES.ORG)



**0161 676 4000**





# HIDE OUT

An **OnSide** Youth Zone

Here at HideOut, we give young people from a diverse range of backgrounds access to incredible facilities in a vibrant, purpose-built space packed with engaging activities. We provide them with the opportunity to make friends, develop new skills, unlock their potential and have fun.

Therefore, selecting us for your booking not only benefits you but also supports our overarching vision of enriching the lives of local young people in the area.

No matter what your requirements may be, our skilled and friendly team will be readily available to assist you in organising the perfect hire that aligns with your needs.

*“Last week we held our quarterly Senior Leadership Team meeting at EMPOWER, our long-standing charity partner based in Gorton, Manchester. We covered all elements of our business, but what united us as a team was the opportunity to give something back, supporting the amazing team at EMPOWER who make an unbelievable difference to the local community, and the lives of the young people who attend. Thank you for having us and we look forward to coming back soon.”*

**CEO, tech company and Empower Patron**





An **OnSide** Youth Zone

Opening its doors in June 2025, SYZ is a safe space for Salford's young people, set up to give them the opportunity to discover their passion and their purpose.

SYZ will open 7 days a week, offering a free hot meal and over 20 activities every night for just 50p per visit for young people aged 8-19, or up to 25 for those with an additional need or disability. Facilities include a 3G pitch, climbing wall, gym, sports hall and recreation area, and dance, arts, music, and media suites.

Salford Youth Zone is at the very beginning of its Youth Zone journey and we look forward to providing young people from a diverse range of backgrounds the opportunity to make friends, develop new skills, unlock their potential and have fun.



# HIRE RATES

## AT HIDEOUT YOUTH ZONE

	<b>CAPACITY</b>	<b>HOURLY RATE</b>	<b>HALF DAY RATE (3 HOURS)</b>	<b>FULL DAY RATE (6 HOURS)</b>
<b>DANCE STUDIO</b>	60	£60	£100	£160
<b>FILM &amp; MULTI MEDIA ROOM</b>	5	£35	£55	£80
<b>BREAKOUT ROOM</b>	4	£30	£50	£75
<b>FULL SPORTS HALL</b>	100	£80	£200	£350
<b>HALF SPORTS HALL</b>	50	£60	£150	£200
<b>3G FOOTBALL PITCH</b>	12	£40	£80	£120
<b>CLIMBING WALL</b>	8	£110	N/A	N/A
<b>THE GYM</b>	10	£70	£180	N/A
<b>BOXING GYM</b>	20	£70	£180	N/A
<b>HEALTH &amp; WELLBEING ROOM</b>	8	£40	£60	£86
<b>REC AREA</b>	100	£80	£220	£240



# HIRE RATES

## AT SALFORD YOUTH ZONE

	CAPACITY	HOURLY RATE	HALF DAY RATE (3 HOURS)	FULL DAY RATE (6 HOURS)
<b>DANCE STUDIO</b>	60	£60	£100	£160
<b>FILM &amp; MULTI MEDIA ROOM</b>	5	£35	£55	£80
<b>PADEL COURT</b>	4	£20	N/A	N/A
<b>FULL SPORTS HALL</b>	100	£80	£200	£350
<b>HALF SPORTS HALL</b>	50	£60	£150	£200
<b>3G FOOTBALL PITCH</b>	12	£40	£80	£120
<b>CLIMBING WALL</b>	8	£110	N/A	N/A
<b>THE GYM</b>	10	£70	£180	N/A
<b>BOXING GYM</b>	20	£70	£180	N/A
<b>HEALTH &amp; WELLBEING ROOM</b>	8	£40	£60	£86
<b>REC AREA</b>	100	£80	£220	£240





# WHAT'S ON THE MENU?

## LUNCH MENU WITH COLD DRINK PROVIDED £10 PER PERSON

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### CHOOSE FROM ONE OF THE FOLLOWING OPTIONS

**Option 1:**

Jacket potato with various fillings

**Option 2:**

Chilli or curry served with rice (meat or vegetarian option)

**Option 3:**

choice of pasta with garlic bread

**Option 4:**

Tray of assorted sandwiches, served with potato wedges

## REFRESHMENTS

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Tea, coffee & biscuits £2.50 per person

## OTHER EXTRAS

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Set up and hire of platform stage - £50

Flipchart (stand, paper & pens) - £10

Additional support - TBC dependant on requirements.

Dietary requirements can be accommodated upon request; please specify any needs on the booking form.



# HIDE OUT

An **OnSide** Youth Zone

## SIZING & CAPACITY

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# DANCE STUDIO



**CAPACITY:**

**60**

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**AVAILABILITY:**

Monday - Friday  
9AM - 3PM

**CAPACITY:**

**4**

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**AVAILABILITY:**

Monday - Friday  
9AM - 3PM



# BREAKOUT ROOM

# HEALTH & WELLBEING



**CAPACITY:**

**8**

**AVAILABILITY:**

Monday - Friday  
9AM - 3PM

**CAPACITY:**

**5**

**AVAILABILITY:**

Monday - Friday  
9AM - 3PM



# FILM & MULTI-MEDIA

**ROOM**

**10**

KINDLY NOTE THAT EQUIPMENT IS NOT PROVIDED WHEN HIRING OUR MEDIA ROOM, BUT A PRICE IS AVAILABLE UPON REQUEST.



# SPORTS HALL



**CAPACITY:**  
FULL SPORTS HALL

**100**

HALF SPORTS HALL

**50**

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**AVAILABILITY:**

Monday - Friday  
9AM - 3PM

**CAPACITY:**

**12**

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**AVAILABILITY:**

Monday - Friday  
9AM - 3PM



# 3G FOOTBALL PITCH

**MUST PROVIDE OWN QUALIFIED INSTRUCTOR AND PROVIDE RELEVANT DOCUMENTATION AT TIME OF BOOKING**

# THE GYM

**CAPACITY:**

**10**

**AVAILABILITY:**

Monday - Friday  
9AM - 3PM



**CAPACITY:**

**20**

**AVAILABILITY:**

Monday - Friday  
9AM - 3PM



# BOXING GYM

**MUST PROVIDE OWN QUALIFIED INSTRUCTOR AND PROVIDE RELEVANT DOCUMENTATION AT TIME OF BOOKING**



# REC AREA

CAPACITY:

100



AVAILABILITY:

Monday - Friday

9AM - 3PM

CAPACITY:

8

AVAILABILITY:

Monday - Friday

9AM - 3PM



# CLIMBING WALL

MUST PROVIDE OWN QUALIFIED INSTRUCTOR AND PROVIDE RELEVANT DOCUMENTATION AT TIME OF BOOKING





An **OnSide** Youth Zone

# **SIZING & CAPACITY**

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# DANCE STUDIO



**CAPACITY:**

**50**

**AVAILABILITY:**

Monday - Friday  
9AM - 3PM

**CAPACITY:**

**4**

**AVAILABILITY:**

Monday - Friday  
9AM - 3PM



# PADEL COURT

# HEALTH & WELLBEING



**CAPACITY:**

**8**

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**AVAILABILITY:**

Monday - Friday  
9AM - 3PM

**CAPACITY:**

**5**

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**AVAILABILITY:**

Monday - Friday  
9AM - 3PM



# FILM & MULTI-MEDIA ROOM

KINDLY NOTE THAT EQUIPMENT IS NOT PROVIDED WHEN HIRING OUR MEDIA ROOM, BUT A PRICE IS AVAILABLE UPON REQUEST.

**16**



# SPORTS HALL



**CAPACITY:**  
FULL SPORTS HALL

**100**

HALF SPORTS HALL

**50**

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**AVAILABILITY:**

Monday - Friday  
9AM - 3PM

**CAPACITY:**

**12**

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**AVAILABILITY:**

Monday - Friday  
9AM - 3PM



# 3G FOOTBALL PITCH

**MUST PROVIDE OWN QUALIFIED INSTRUCTOR AND PROVIDE RELEVANT DOCUMENTATION AT TIME OF BOOKING**

# THE GYM

**CAPACITY:**

**15**

**AVAILABILITY:**

Monday - Friday  
9AM - 3PM



**CAPACITY:**

**20**

**AVAILABILITY:**

Monday - Friday  
9AM - 3PM



# BOXING GYM

**MUST PROVIDE OWN QUALIFIED INSTRUCTOR AND PROVIDE RELEVANT DOCUMENTATION AT TIME OF BOOKING**



# REC AREA

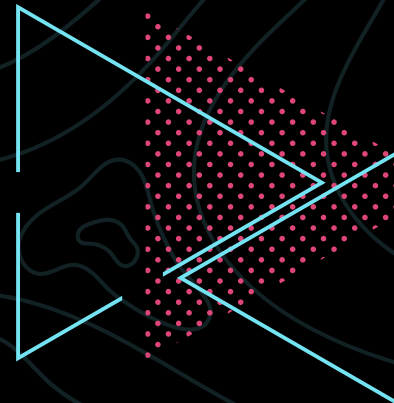
CAPACITY:

100



AVAILABILITY:

Monday - Friday  
9AM - 3PM



CAPACITY:

12

AVAILABILITY:

Monday - Friday  
9AM - 3PM



# CLIMBING WALL

MUST PROVIDE OWN QUALIFIED INSTRUCTOR AND PROVIDE RELEVANT DOCUMENTATION AT TIME OF BOOKING





# INFORMATION FOR PATRONS & DONORS

Patrons of **EMPOWER** are eligible for free room hire (excluding the climbing wall).

For our **wider patron & donor community**, we also offer unique away day and lunch & learn packages.

These can incorporate breakfast, lunch, exciting team building activities, presentations from empower, and opportunities to volunteer with our young people.

Our Youth Zones are **brilliant environments** to bring your teams together.

**Already a patron?** Get in touch with your **EMPOWER** point of contact to get a quote based on your needs.

If you're **interested in becoming a supporter** please contact our Fundraising Team through the email below:

[fundraising@empoweryouthzones.org](mailto:fundraising@empoweryouthzones.org)

# | FAQs

## BOOKING

To book, simply **download the facility request** form from our website, complete and then send over to [enquiries@empoweryouthzones.org](mailto:enquiries@empoweryouthzones.org).

Please be aware that submitting the booking form **does not guarantee your request**. You will receive a confirmation email once your booking has been successfully processed and confirmed.

## WI-FI

Our guest Wi-Fi is free to use and is available in all indoor parts of the building.

## BLOCK BOOK

Discounts are available for block bookings.

## PARKING

**Hideout** – on street parking available  
**SYZ** – to be confirmed

## T'S & C'S

- All bookings require **full payment in advance**, unless otherwise agreed.
- Cancellations made with less than 14 days' notice **will be subject to the full payment** being applied.
- If you would like to **transfer your booking** to an alternative date, we can accommodate this at no extra charge, **providing 14 days' notice is given**.
- A **10% discount** will be applied to room hire charges only for all charities, CIC's, social enterprises and students
- We offer **complimentary room hire** to all our patrons (subject to availability).
- Areas including the fitness suite, climbing wall and boxing gym **require a qualified professional** and certifications must be provided prior to arrival.